



# SELECT LIFESTYLES CHARITABLE TRUST

Enabling and supporting the lives of adults with learning disabilities and associated conditions.



# Introduction

Around 1.04 million people aged 15 to 64 in England have learning disabilities or associated conditions. This group experience disproportionate levels of inequality, and their quality-of-life outcomes are lower than it is reasonable to expect in the 21st century.

Learning disabilities are different for everyone. Many people who have a learning disability can work, have relationships, live independently, and even get qualifications. While other people might need more support throughout their life.

Hence why we established Select Lifestyles Charitable Trust. The charity aims to provide adults with learning disabilities with financial, emotional, and social support.

With the funds we hope to raise, the Charitable Trust will support people with things such as holidays, leisure activities, day trips and much more.

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# About Us

## Vision

- To see more people with learning disabilities integrate into society.
- Improve the quality of life of those with learning disabilities.

## Mission

- Organise four key fundraising events each year.
- Bring the community together through our projects and events.
- Enable those with learning disabilities to live the life they want.

We successfully became a UK and Ireland-registered charity in December 2022. Our charity number is **1201407**.

Established in March 2022, we aim to help adults with learning disabilities and associated conditions throughout the UK, who sometimes struggle to buy everyday items most of us take for granted. We aim to acquire donations through fundraising events throughout the year to enable us to help with any donation requests we receive.

We are dedicated to enabling and supporting the lives of vulnerable adults with learning disabilities and associated conditions. We will endeavour to do this by raising funds so that these adults can live fulfilling, rewarding, and enriched life.

# Trustees



**NICK HORTON**

"We hope to bring a variety of skills and experience that will guide the trust to a secure future, and that is productive for our Service Users."



**WAYNE PHILLIPS**

"I am an avid fundraiser and have previously run marathons representing several charities. Being a part of the Charity will allow me to continue making a real difference in peoples lives."



**NICKY KAUR**

"Since joining Select Lifestyles, they have been the most reliable and trustworthy employer I have worked for. As one of the trustees, it's now my turn to inspire and fulfil happiness for others."



**LES TRUMPETER**

"Having been a Trustee of a Charity since 2019, I have seen first-hand the wonderful impact local grassroots charities can have on the community."



**ELLIOT HORTON**

"Throughout my life, I have grown up around people with learning difficulties. I have always believed that you should treat people the way you want to be treated."



**STEVE LEAR**

"I'm proud to be a member of the Board that will help people with learning disabilities achieve their goals. It's an exciting opportunity to be involved with a really worthwhile cause."



**DONNA POOLE**

"Many will know I have a son with a severe learning difficulty. The charity is an ideal opportunity for me to give something back to a wider audience and in the community."



**JACK EDWARDS**

"I have seen, first hand, the impact such charities have had on individuals and their families and hope that as a board we are able to positively support as many people as possible."



**CONSTANCE MHISHI**

"Having seen the incredible things the charity has done so far, I aim to put my skills and experience into practice to support those in need."

# Events

We aim to acquire donations through organising fundraising events throughout each year to enable us to help with any donation requests we receive.



## OPEN DAY 2023

In March, we celebrated the first-anniversary launch of the Trust. We had lots of food and game stalls. And thanks to the many volunteers we raised £1,110.

## LAST HOUR OF PAY

Many Select Lifestyles employees donated their last hour of pay in December. Overall, we raised £2,643.51 through this initiative!

## MASQUARADE BALL

In October 2022, we held a masquerade ball to help raise awareness and funds for the charity. Staff members and Select Lifestyles' suppliers had a spectacular evening.



# Fruits of your donations



A community-supported living service had a newly landscaped garden but nowhere to sit and enjoy the space during summer. The Trust was able to purchase two picnic tables to help them enjoy their garden.



We had a request from a person who had not seen his family for Christmas in over two years. The trust was able to support him by providing access to transport to allow him to spend some time with his family during the holidays.



We were able to provide a sensory swing and a sensory garden, for a community-supported living service. The sensory items allow residents to spend more time in the garden enjoying activities with each other and building friendships.

If you need support from the charity, please use the request form on the next page.



# Select Lifestyles Charitable Trust

# REQUEST FORM

ENABLING AND SUPPORTING THE LIVES OF ADULTS WITH LEARNING DISABILITIES AND ASSOCIATED CONDITIONS

“Select Lifestyles Charity Trust is based in the West Midlands and is dedicated to enabling and supporting the lives of vulnerable adults with learning disabilities and associated conditions. It will endeavour to do this by raising funds so that these adults would be able to live a fulfilled, rewarding, and enriched life.”

For any request to be considered, kindly complete this form, and return to the below email or send back via the post and we will review your request at the next board meeting.

**Full Name:** \_\_\_\_\_

**Service** (if applicable): \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Contact number:** \_\_\_\_\_

**Email address:** \_\_\_\_\_

**Description** \_\_\_\_\_

**for request:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Amount (£) required:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Signature:** \_\_\_\_\_

**PLEASE ATTACH ANY SUPPORTING DOCUMENTATION THAT WILL HELP YOUR APPLICATION.**

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A charitable trust registered in England & Wales with the charity registration number – **1201407**

**E:** info@selectlifestyles.charity

**T:** 0758 670 5547

**W:** www.selectlifestyles.charity

Select House  
335-337 High Street,  
West Bromwich, West Midlands, B70 8LU





# How you can help?

We aim to hold events every year, therefore, we are always looking for volunteers!

Volunteers will mainly help during the events, however, any help offered is greatly appreciated! To join the team, express your interest to:

[info@selectlifestyles.charity](mailto:info@selectlifestyles.charity)



If you would like to fundraise on behalf of the charity or have any suggestions for ways to raise money, please let us know.

You can use the sponsorship form on the next page.

Should you like to set up a direct debit or a standing order to help us raise funds for this worthy cause, please see the account details below:

**Account Name:** Select Lifestyles Charitable Trust

**Account Number:** 43077732

**Sort Code:** 23-05-80



# Select Lifestyles Charitable Trust

## SPONSORSHIP FORM

ENABLING AND SUPPORTING THE LIVES OF ADULTS WITH LEARNING DISABILITIES AND ASSOCIATED CONDITIONS

Name of participant: \_\_\_\_\_

Full Name	Address	Donation Amount	Date Paid

**Thank you for your help and contributions!**

**BANK DETAILS:** Metro Bank | Select Lifestyles Charitable Trust  
**Sort Code:** 23-05-80 **Account No:** 43077732 **REF:**

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West Bromwich, West Midlands, B70 8LU



# Select



## THANK YOU

It is the support from you and others that will help us to provide adults with learning disabilities and associated conditions with the financial, emotional, and social support they need.

 +44 758 670 5547

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